



**INDIAN SOCIETY  
FOR  
APPLIED BEHAVIOURAL SCIENCE  
MUMBAI CHAPTER**

ANNOUNCES  
**BARKHA**  
THE MONSOON EVENT

SEPTEMBER 24-28; 2013

At: Dr Modi's Resort  
Karjat

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NATIONAL OFFICE:  
INDIAN SOCIETY FOR APPLIED BEHAVIOURAL SCIENCE (ISABS)  
B-1/33A, Mezzanine Floor, HauzKhas, New Delhi – 110 016  
[www.isabs.org](http://www.isabs.org)



INDIAN SOCIETY FOR APPLIED BEHAVIOURAL SCIENCE, MUMBAI CHAPTER.

## ABOUT ISABS

Founded in 1972, Indian Society for Applied Behavioral Science (ISABS) is a national, voluntary professional body of behavioral scientists engaged in applying their knowledge and skill to the well being of persons, organizations & communities. Its members work as community change agents, independent consultants, trainers, counselors, academicians, and human resource development managers.

ISABS programs focus on helping people to understand human processes better, and discover more creative and satisfying ways of relating and working.

ISABS utilizes group and experience-based learning as its main learning methodology. Experiencing, reflecting, hypothesizing, conceptualizing and experimenting, rather than lectures are the chief ingredients in this process of learning. ISABS also develops professionals, capable of facilitating such experience-based learning in organizational and societal contexts.

### HUMAN PROCESS LABORATORIES:

In a human process laboratory, a group of around 10-12 participants work together along with facilitator[s] to learn about human processes and discover more about themselves, their strengths & styles; interpersonal and group interactions; how they perceive others and are perceived by others. While this is the primary task, there is no pre-determined agenda and the group uses the 'here and now' experience to derive this learning, using one another as resources. The facilitator helps to create a climate for such learning. ISABS operates from values of trust and inclusiveness while ensuring integrity and sensitivity to all the stakeholders present during an event.

The language of conversation in a lab depends on the comfort and comprehension of the group members and it is likely that more than one language (English/Hindi/ Marathi) may be utilized during the lab.

Certified professional members of ISABS primarily belonging to the Mumbai region will facilitate each group. The event may also have those pursuing professional development with ISABS in the role of an intern (who will co-facilitate) or as an observer.

A complete list of professional members is available on the website (<http://www.isabs.org/pm.php>)

## PROGRAMS OFFERED IN THIS EVENT

### **BASIC LABORATORY ON HUMAN PROCESS (BLHP)**

Objectives: To help participants -

- Become aware of her/his patterns of behavior and its impact on others;
- Improve her/his effectiveness in interpersonal interactions and derive greater satisfaction from them.
- Recognize feelings, diagnose needs and improve her/his ability to deal with conflict.
- Discover her/his potential to live life meaningfully and effectively.
- Interpersonal and group processes and interactions

For Whom:

This lab is meant for all those interested in improving their personal and interpersonal efficacy and play facilitative and leadership roles in their organizations or with customers, partners or communities.



Duration: 5 days (residential)

### **ADVANCED LABORATORY ON HUMAN PROCESS (ALHP)**

Objectives: To help participants -

- Enhance learning and experimentation initiated by her/him in the Basic Lab on Human Process.
- Develop greater awareness of behavioral processes of individuals in the 'Here and Now'.
- Practice skills of better listening, being more authentic and empathetic
- Become familiar with group dynamics and how these impact the behaviour of individuals.

For Whom:

Individuals who have participated successfully in a Basic Human Process Lab.(as recommended by the facilitator) less than two years ago; and wish to continue learning and exploring their behaviour. This is also required for those who wish to enter the professional development program with ISABS.

Duration: 5 days (residential)

## **ADMINISTRATIVE INFORMATION**

### **Program Venue**

Dr. Modi's Resort.  
Post Kirauli, Village Wanjale,  
Karjat, Maharashtra 410 201.

Telefax: (02148) 222316, Mobile: 07588106825, 09975070423

### **Program particulars:**

Check-in: After 5.30 pm on Monday, 23<sup>rd</sup> September 2013

Program Commences: 8.30 am SHARP on Tuesday, 24<sup>th</sup> September 2013

Program Concludes: : 5.30 pm on Saturday, 28<sup>th</sup> September 2013. We do not recommend early departure. Hence participants are expected to plan the return journey only after 5.30 pm on last day of the event.

Check-out: Before 10 am on Saturday, 28<sup>th</sup> September, 2013.

Dress Code: Informal. The sessions will be conducted in a traditional 'Baithak' style seating arrangement.

### **Getting to Dr. Mody's Resort, Karjat, Mumbai.**

The resort is around 3 hrs drive from Mumbai airport and participants may plan their departure flights post 8.30pm on July 14<sup>th</sup>, 2013. Local trains to Karjat are available from Dadar (Central Railway) and the frequency of trains is about 30 minutes. Dadar to Karjat train journey takes around 1 hour and 45 minutes. Participants travelling by train can take an auto-rickshaw from Karjat railway station. The resort is situated on Matheran road and is around 20 minutes away by auto.

Please note that there is no pick and drop arrangement made either by ISABS or resort from Karjat station or elsewhere. For those travelling by road, location map is attached with this brochure.

See appendix with this brochure for map and location details



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## PROGRAM FEES

CATEGORY	FEES in INR per person	SERVICE TAX (12.36%)	ASSOCIATE MEMBERSHIP	Total Fees in INR	SEATS
Double Sharing basis	22000	2719.2	250	24970	22
Triple Sharing basis	15000	1854	250	17104	24
*Triple Sharing special rates for deserving candidates	10000	1236	250	11486	15

Preference for triple sharing will be given to self-sponsored or from the NGO sector.

The fees include the program fees, cost of board & stay, program material and the administrative expenses. Travel is not covered, nor arranged. **Participants are requested to make their own travel arrangements to and from the venue.**

\*Special rates are available for those participants who are faced with severe resource constraints. Candidates wanting to avail these (or further discounts, of which a very limited number are available) should apply in writing or send an email to the address given below citing reasons as to why the applicant deems it necessary to avail of the said scholarship. These requests will be processed case by case by a committee on a first come first serve basis. Please write to the contact addresses provided. **All applications for scholarships must be received prior to 30<sup>th</sup> August 2013.** The availability will be conveyed by the 10<sup>th</sup> of September.

Those pursuing their PDP can also apply for the special rates. Please specify this in your nomination form.

**PAYMENT INFORMATION**

Payment to be made in full by Demand Draft in favour of "Indian Society for Applied Behavioral Science, Mumbai Chapter" along with a hard copy of the nomination form. **Please note that cash payment or bank transfers will not be accepted.** Kindly fill in the Nomination Form in full and send the hard copy of it with the DD either by courier or registered post before 15<sup>th</sup> September, 2013. Nominations will be accepted on a first come first served basis and would be considered as *confirmed only after full payment of fees.*

**CANCELLATION POLICY**

Any cancellation after the confirmation of nominations will entail a deduction of 50% of the program fee towards administrative costs incurred by us. Cancellations after 17<sup>th</sup> September will not be entitled to any refund.

**PAYMENT ADDRESS**

Please mail your nomination form & payment to

**ISABS - Mumbai Chapter,**

**C/O Deepa Mordani; 704, 7th floor, B wing, Varun Bldg, Diagonally opposite Cafe Coffee Day, J.P.Road, Versova, Andheri (W),**

**Mumbai 400 061 ;Mobile: +91 9930277947**

**CONTACT PERSONS**

Name	E-mail Address	Mobile No.
DeepaMordani	<a href="mailto:isabs.mumbai@gmail.com">isabs.mumbai@gmail.com</a>	+91 9930277947
Wasundhara Joshi	<a href="mailto:isabs.mumbai@gmail.com">isabs.mumbai@gmail.com</a>	+91 9892533403



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**NOMINATION FORM : BARKHA 2013**

Name: \_\_\_\_\_ Professional status: \_\_\_\_\_

(Employed, Homemaker, Student etc...)

Age (years completed): \_\_\_\_\_ Gender: Female /Male/ Transgender

Academic Qualification: [Optional] \_\_\_\_\_

Lab Applied for: \_\_\_\_\_

In case of ALHP, please provide the details and feedback from your BLHP.

Address: (Office) \_\_\_\_\_ Address: (Residence) \_\_\_\_\_

Tel Nos. (Landline &amp; Mobile) \_\_\_\_\_

Tel Nos. (Landline &amp; Mobile) \_\_\_\_\_

E-mail id \_\_\_\_\_

E-mail id \_\_\_\_\_

Person to be contacted in Emergency: \_\_\_\_\_

Relationship with applicant: \_\_\_\_\_ Contact number: (landline/mobile) \_\_\_\_\_

Sponsored by: (check one)  Employer  NGO  Self-sponsored

\* Payment in favour of "Indian Society for Applied Behavioural Science, Mumbai Chapter" payable at Mumbai

Banker's Cheque / Draft No. \_\_\_\_\_ Dated: \_\_\_\_\_ Name of the Bank: \_\_\_\_\_ Amount (numerals) Rs. \_\_\_\_\_/-

Amount (in words) Rupees \_\_\_\_\_ only

Language Proficiency: Please tick in appropriate box.

Hindi

English

Marathi

Others (specify)

Others (specify)

Can speak

Can understand

\* Please confirm your nomination after sending required fees and nomination form.

**IMPORATNT CAUTIONARY NOTICE:**

**A person who has experienced continuous mental stress or has been under psychiatric treatment or has a history of mental disorders, or has had a coronary/heart attack, must not be nominated to ISABS labs. ISABS will not be responsible for any of such problems developed during or after participation in any lab. It is implicit that each participant joins the lab with informed voluntary consent and owns responsibility for his/her own health.**

I have read the announcement of the ISABS Barkha 2013 event, including the cautionary notice and would like to join as a participant taking full responsibility for my decision.

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

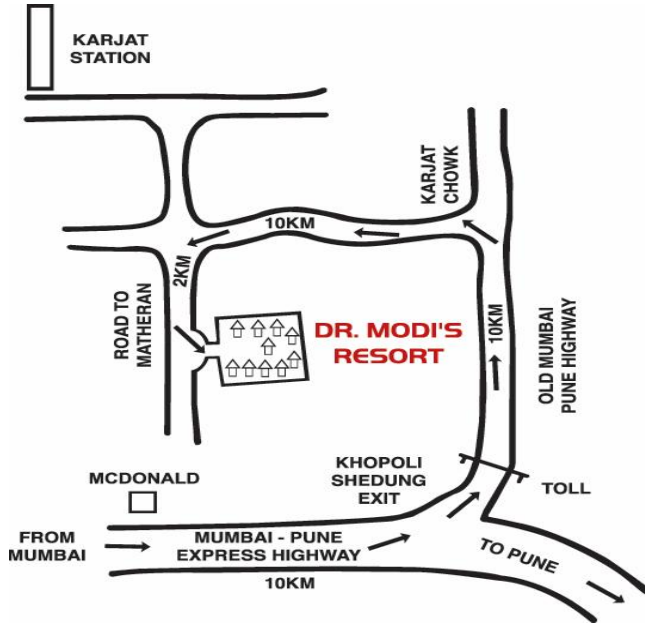
Place: \_\_\_\_\_



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APPENDIX



**DISTANCES**

**By Road :** From Mumbai - 80 kms  
From Pune - 80 kms  
From Matheran - 17 kms

**Nearest Railway Station:** Karjat (East) - 2 kms

**Nearest Airport:** Mumbai - 60 kms

**Dr. Modi's Resort, Karjat**

Address: Post Kirauli, Village Wanjale, Taluka Karjat, District Raigad ( Maharashtra ) 410 201

**Telefax:** (95) (02148) 222316, **Mobile:** 09975070423 and

07588106825

